



# Mid-Ohio Psychological Services, Inc.

## FISCAL YEAR 2014 ANNUAL REPORT

### From the Directors

Fiscal Year 2014 has been another challenging and exciting year for our clients, our staff and our agency as a whole. We were honored to be able to impact the lives of almost 3,000 clients who struggle with behaviors that interfere with their ability to function in the community—impacting untold numbers of lives of people in our community that our clients interact with on a daily basis. Our staff, as well as staff from a number of other agencies have honed their clinical skills by attending over 50 trainings that we provided this year, and by participating in formalized internships that led to licensure, graduate school completion, or expansion of licensure for 16 of our staff. We have made some exciting technology advancements including the creation of a registration system for our training program, the creation of an online referral for programs, and the implementation of a human resources database. The agency continues to work closely with the child welfare system and court systems and added/expanded various special programs to meet the community's needs for treating and providing additional services. We have exciting plans for 2015, including further technology improvements, expansion of the training program, and growing our special programs. Thank you for your support of our agency as we continue to strive to address the community's mental health needs.

Sincerely,

Brad Hedges, Ph.D, Executive Director

Mark Weedy, Board Chairperson

### Board of Directors

Mark Weedy,  
Board Chairperson  
Andrew Connell  
Melissa Benson  
Will Sharp  
Toni Gillette  
Scott Gowans

### State and Local Affiliations

- ◇ Certified for mental health services and substance abuse services by the Ohio Department of Mental Health and Addiction Services (OMHAS)
- ◇ Member of the Fairfield County ADAMH Board Network of Care
- ◇ Certified by the Juvenile Sex Offender Program by the Ohio Department of Youth Services

## Fiscal Year 2014 Highlights

- ◆ The agency restructured the Formal Assessment services to meet the needs of referral sources. MOPS provides two types of formal assessments; focal psychological evaluations (focused on a specific concern) and general psychological evaluations. In fiscal year 2014, the agency conducted approximately 347 psychological evaluations for approximately 47 different referral sources.
- ◆ The Criminal Justice and Behavioral Health Linkages Grant (CJBHL) was awarded to MOPS by the Ohio Department of Mental Health and Addiction Services (OMHAS) through the Fairfield County ADAMH Board. The goal of the CJBHL grant is to provide short term mental health case management linkage services with the hopes of reducing recidivism in the Fairfield County area.
- ◆ MOPS was awarded the American Psychological Association Commission on Accreditation Grant to fund the agency in preparing to be an APA Certified pre-doctoral internship placement. MOPS continues to be a certified Association of Psychology Postdoctoral and Internship Centers (APPIC) internship placement for three pre-doctoral interns.
- ◆ MOPS provided over 50 trainings for clinicians, support staff, and community members. The agency had approximately 600 total attendees throughout the training year, approximately 85 non-MOPS staff attended the agency trainings.

## New Special Programs

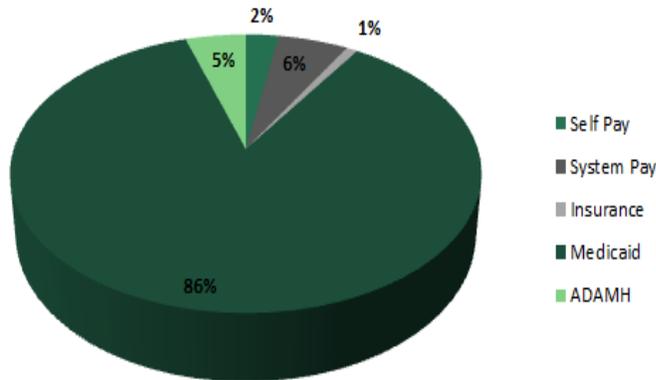
As the agency expands clinical services, we have developed special programs to meet the community's needs. In 2014, the agency added two new programs; Therapeutic Mentor Program (TMP) and Behavior Management with the Developmentally Delayed (BMDD).

**TMP** is a set of community-based clinical services provided to individuals who are having difficulties with social, communication, problem solving, conflict-resolution, and/or independent living skills. During 2014, each of the five sites implemented a mentoring program. We have seen various success with this program as clients are supported directly in their homes and community and are making immediate changes. Overall, outcome scores indicate that clients experience more success with their living environment, relationships, adaptive living skills, and progress in therapy.

The **BMDD** program focuses on assisting developmentally delayed adults in learning and utilizing the skills necessary to better manage their emotions and behaviors and reduce the risk of these challenges resulting in negative impact on their relationships, work, and home lives, and improve overall ability to function. The Licking County office has created this program and is seeing successful outcomes. The site works closely with the Licking County Board of Developmental Disabilities and will be expanding services in Knox County with this population.

## Financials

Revenue Sources from Services



Completed FY14 financial audit with no findings

2014 Statement of Activities

2014 Statement of Activities	
<b>Revenue Gains</b>	
<b>Support</b>	
Services	\$3,238,872
Gain (Loss) on Investments	\$10,742
Other Income	\$5,562
	\$3,255,176
<b>Expenses</b>	
Program Services	\$2,010,000
Administrative Services	\$1,384,894
	\$3,394,894

### Special Programs Snapshot

**Sexually Abusive Behavior** programs are offered at all sites for clients who are either a Sexually Aggressive/Offenders or a Survivors of abuse. The goal of this program is to reduce the risk of sexually abusive behavior occurring again for survivors and aggressors. Due to offenses often occurring within families, the program also focuses on reunification and family management. Overall, participants have made immediate and long-term changes in their natural environment and family and peer relationships.

The **Aggression Management** program provides treatment services for clients who's expression of anger negatively impacts life. Currently, the Fairfield County office has a specialized program for clients who are in need of aggression management treatment. In 2014, the program had approximately 36 participants who successfully completed the program and passed the independent review process.

### Numbers Served

In fiscal year 2014, the agency provided services for approximately 2,822 youth, adolescents, and adults at our five locations. Of this number, approximately 1,282 were new clients to the agency.

In total, the agency provided approximately 21,829 hours of counseling to our clients. Additionally, MOPS provided 5,282 units (15 minutes) of case management services, 3,291 hours of group therapy, and conducted over 3,843 hours of diagnostic assessment.

89% clients survey are overall satisfied with services received at the agency.

### Staff Professional Licenses and Certifications

Psychologist-3  
 Psychologist, LPCC-S-3  
 LPCC/LISW-4  
 LPCC-S/LISW-S-6  
 LPC/LSW-18  
 QMHS-10  
 Psychology Fellow-3  
 Post-Doctoral-2  
 Pre-Doctoral-6  
 Assistants-2  
 RN-1  
 Counselor Trainee/Social Worker Trainee-4

Nine staff obtained licensure, eight staff completed graduate degrees, and four staff obtained independent licensure during the year while employed at MOPS.

### Our Mission

The Mission of Mid-Ohio Psychological Services, Inc. is to provide community systems and residents of Central and Southern Ohio high quality, cost effective, culturally sensitive, and socially responsible mental health and substance abuse services by delivering direct clinical care, developing highly competent and skilled staff, and promoting effective business structures.

### Our Vision

Mid-Ohio Psychological Services will seek to develop and implement unique and specialized empirically supported services to meet our client’s behavioral health needs and will seek to ensure that these services are accessible to all who need them.

MOPS underwent a recertification survey and was awarded another three-year accreditation. CARF is a national accreditation service of health and human service providers.



### Executive Team

Brad Hedges, Ph.D., Executive Director  
 Kimberly Blair, MA, Associate Director  
 Shawna Watts, MBA, Director of Operations  
 Claire Robitaille, Ph.D., Training Director  
 Scott Craft, Ph.D., Fairfield Site Supervisor  
 Miranda Zircher, M.S., Fairfield Site Supervisor  
 Joni Kryzcki, Ph.D., Franklin Site Supervisor  
 Emily Niley, M.S., Franklin Site Supervisor  
 Misty Coleman, MSW, Licking Site Supervisor  
 Robin Rippeth, Ph.D., Ross Site Supervisor

#### Lancaster

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#### Delaware

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 (740)417-9268

#### Chillicothe

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